



<b>Breakfast Sandwiches</b>	<b>7</b>
Bacon, sausage or vegan sausage, fried egg	
<b>Breakfast Bagel</b>	<b>10</b>
Bacon, sausage, fried egg	
<b>Meaty Works</b>	<b>15</b>
Bacon, sausage, black pudding, tomato, mushroom, beans, eggs any way, sourdough toast	
<b>Vegan Works</b>	<b>14</b>
Homemade vegan sausage, hash browns, avocado, tomato, mushroom, beans, sourdough toast (ve)	
<b>Turkish Eggs</b>	<b>10</b>
Poached eggs, garlic yoghurt, smoked paprika butter, homemade flatbread	
<b>Veggie Hash</b>	<b>12</b>
Sweet potato, caramelised red onion, feta cheese, poached egg, cheddar & herb crumb, baked beans (v)	

## BRUNCH Served daily 10.00 - 14:30. Gluten free bread available

<b>Granola</b>	<b>7</b>
Yoghurt, compote (v) (gf)	
<b>Sourdough Toast</b>	<b>6</b>
Butter & jam selection (ve) (gf)	
<b>American Pancakes with -</b>	
Maple syrup (v)	<b>7</b>
Nutella, vanilla cream (v)	<b>8</b>
Bacon, scrambled egg, maple syrup	<b>12</b>
<b>On Toast...</b>	
Vegan rarebit (ve)	<b>10</b>
Smashed avocado, chillies, fresh lime (ve)	<b>10</b>
Smoked salmon bagel, cream cheese, roasted peppers	<b>12</b>
Eggs. Poached, fried or scrambled (v)	<b>6.5</b>
<b>On Muffin...</b>	
<b>Eggs Benedict</b>	<b>11</b>
Bacon, poached eggs, hollandaise	
<b>Eggs Florentine</b>	<b>10</b>
Mushroom, spinach, poached eggs, hollandaise (v)	
<b>Eggs Royale</b>	<b>13</b>
Smoked salmon, poached eggs, hollandaise	
<b>3 Egg Slider</b>	<b>15</b>
Half of each of the above	

## KIDS BRUNCH Served daily 10.00 - 14:30. Gluten free bread available

<b>Fledgling works</b>	<b>7.5</b>
Bacon, sausage, baked beans, egg any way, sourdough toast	
Hash brown, beans, scrambled egg (v)	<b>5</b>
Beans on toast (v)	<b>4</b>
Scrambled eggs on toast (v)	<b>4</b>
<b>Two American pancakes with:</b>	
Nutella & vanilla cream	<b>5.5</b>
Maple syrup	<b>5.5</b>
Scrambled egg and bacon	<b>6</b>
<b>Boost Your Brunch</b>	
<i>add the following to any dish</i>	
Mushroom/Tomato/Beans/ two Eggs	<b>1.5</b>
Bacon/Sausage/Hash browns/ Halloumi	<b>2.5</b>
Avocado	<b>3</b>
Smoked salmon	<b>6</b>

Please note that we now run full table service for diners at all our internal tables and add 10% discretionary service charge.  
Please do let us know if things haven't been up to scratch and we will adjust the bill accordingly.

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## PIZZAS *Served daily from 1200.*

*Our dough is handmade on site from authentic imported Italian ingredients and cold proved for at least 24hrs for extra flavour. We use premium Italian Fior di Latte Mozzarella.*

*Homemade gf pizza bases available.*

	Full 12"/Half 9"
<b>Cheesy Garlic (v)</b>	10 / 7
Garlic butter	
<b>Cheese Fest (v)</b>	13.5 / 9.5
Goats' cheese & parmesan, hot honey	

*The following have a base of Neapolitan San Marzano Tomatoes, fresh basil & oregano*

<b>Benchmark (v) or (ve)</b>	10 / 7
<i>50p from every benchmark sold goes to Capture Charity</i>	

# Capture

<b>Popeye &amp; Olive (v) or (ve)</b>	13.5 / 10
Spinach, olives, roasted peppers, red onion	
<b>Forest (v) or (ve)</b>	13 / 9.5
Mushrooms, roasted peppers	
<b>Spanish Inquisition (v) or (ve)</b>	13 / 9.5
Starling vegan chorizo, roasted peppers & onion	
<b>Just Kidding (v)</b>	14 / 10
Goat's cheese, red onion marmalade, piquanté peppers, hot honey, fresh rocket	
<b>Truffle Shuffle</b>	14 / 10
Pastrami, dill pickles, fresh rocket & truffle dressing	
<b>Limp Brisket</b>	16 / 11
Gochujang slow roasted beef brisket, sweet pickled onions, spring onion, sesame seeds	
<b>Firestarter</b>	14.5 / 10.5
Spicy pepperoni, Nduja salami, fresh chillies	
<b>Low &amp; Slow</b>	14.5 / 10.5
BBQ pulled pork, roasted peppers, BBQ sauce	
<b>Satay Night Fever</b>	13.5 / 10
Satay chicken, red onions, garlic & mint mayo	

**Pimp your pizza** *extra toppings on any of the pizzas*  
Veg 1 each / Meat 2 each / Burrata 4.5

## LIGHT BITES *Served daily from 1200. Gluten free bread available*

<b>Super Soup of the day with sourdough</b>	6
<b>Whipped feta salad (v)</b>	12
Lemon dressing, cherry tomatoes, cucumber, black olives. Served with homemade flatbread & hot honey	
<b>Mambonito salad (ve, gf)</b>	12
Black rice, avocado, edamame, azuki beans and tomatoes with a fresh, spicy chimichurri dressing	
<b>Burrata caprese (v)</b>	11
Burrata, cherry tomatoes, pesto, balsamic, homemade flatbread	
<b>Caesar salad (v)</b>	10
Baby gem lettuce, Caesar dressing, sourdough croutons	

*Add to any of the above:*  
**smoked salmon +6, roast chicken +2.5**

**Sandwiches** *Available in sliced white or brown and gluten free sourdough. Served with rocket & spinach salad.*

Pastrami, pickles, rocket, truffle dressing, Parmesan	10
Burrata, prosciutto, rocket, pesto	14
Chicken shawarma, garlic and mint mayo	10
Halloumi, roasted pepper, rocket (v)	10
Homemade vegan bologna, red onion marmalade, mint mayo (ve)	10
BBQ pulled pork ( <i>served hot</i> )	11
Gochujang slow cooked beef, sweet pickled onions ( <i>served hot</i> )	13
<i>Add a mug of soup to your sandwich</i>	3

## FRIES & SIDES

<b>Plain fries (ve) (gf)</b>	5
<b>Sweet potato fries (ve) (gf)</b>	7.5
<b>Halloumi fries (v) (gf)</b>	7.5
Garlic, mint mayo	
<b>Brisket fries</b>	12
<i>Gochujang slow cooked beef, sweet pickled onions, spring onions, sesame seeds</i>	
<b>Philly fries (gf)</b>	11
<i>BBQ pulled pork, fior di latte, sliced pickles</i>	
<b>Meaty poutine (gf)</b>	9
<i>Fries, cheese curd, meat gravy</i>	
<b>Posh fries (v) (gf)</b>	7.5
<i>Parmesan, truffle oil</i>	
<b>Salt &amp; pepper fries (ve) (gf)</b>	7.5
<i>Fresh chilli, coriander, spring onion, aioli</i>	
<b>Rocket, spinach, pea shoot &amp; kale salad (ve) (gf)</b>	5
<b>Sauces/dips (gf)</b>	1
<i>BBQ, Korean BBQ (ve), pesto (ve) garlic aioli (ve)</i>	

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